



## **Intimate Care Policy**

### **Policy Statement:**

This policy supports the Safeguarding and Welfare requirements of the Statutory Framework for the Early Years Foundation Stage.

In intimate care situations, the child's safety, dignity and privacy are of paramount importance. Children requiring intimate care will be treated respectfully at all times.

Intimate care covers any task that involves the washing, touching or carrying out a procedure to intimate personal areas and is associated with bodily functions and personal hygiene. This includes toileting, washing and dressing.

Staff who provide intimate care will do so in a professional manner. Staff will be aware of Safeguarding issues and have relevant training, e.g. Health and Safety, Child Protection and Manual Handling before providing intimate care. No child will suffer distress or pain as a result of receiving intimate care.

Staff work in partnership with parents to provide care appropriate to the needs of the individual child and together will produce a plan that is used at home and in nursery that will offer the child consistency and comfort. Parents and staff will continuously communicate regarding the intimate care needs of their child, discussing updates or reviews in plans in place.

### **Best Practice:**

When intimate care is given, the member of staff will explain fully each task that is carried out, and the reasons for it. Staff will encourage children to do as much for themselves as they can.

### **Protecting Children:**

Staff will be familiar with the 'Local Safeguarding Children Board Child Protection Handbook' (LSCB Green Book) and will follow the guidance it contains.

If a member of staff is concerned about any physical changes to a child, such as marks, bruises, soreness etc. they will inform the Manager or the designated Child Protection Officer (CPO) immediately. The Safeguarding Children Policy will then be implemented.

Should a child become unhappy about being cared for by a particular member of staff, the CPO will look into the situation and record any findings. These will be discussed with the child's parents in order to resolve the problem. If necessary the CPO will seek advice from outside agencies.

If a child makes an allegation against a member of staff, procedure set out in the Safeguarding Children Policy will be followed.

### **Dealing with blood and body fluids:**

Blood, vomit, urine and faeces will be cleaned up immediately and disposed of safely by placing all waste in the clinical waste bins. When they are dealing with body fluids, staff will wear protective clothing (disposable gloves and aprons) and wash their hands thoroughly afterwards. Soiled clothes will be bagged and labelled to go home. Children will be kept away from the affected area until the incident has been dealt with fully.

Staff will maintain high standards of personal hygiene and will all take practical steps to prevent and control the spread of infection.

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| Policy Date: July 2021            | Date to be reviewed: July 2022               |
| Name of Signatory: Kristy Renshaw | Position: Manager                            |
| Signature:                        | <i>Signed on behalf of Apple Day Nursery</i> |